Menlo Yearly Health/Physical Education Plan

| August | * Introduction to rituals and routines
* School Bus Safety Slideshow
* Car Rider Line Safety
* Cyber Bullying Awareness
* Locomotor/Non-locomotor skills developed through physical activity
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| September | * 4-H Drugs and Alcohol Lesson
* 5-8 Vape Lesson
* FitnessGram Pre-Test
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| October | * K-1 Shannon Bond: Good touch, Bad Touch
* Red Ribbon Week
* Cross Country
* Locomotor/Non-locomotor skills developed through physical activity
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| November | * Importance of Physical and Mental Health Lesson
* Locomotor/Non-locomotor skills developed through physical activity
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| December | * Locomotor/Non-locomotor skills developed through physical activity
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| January | * Welcome Back to School Safety Refresher
* Choosing The Best Curriculum 6-8
* Locomotor/Non-locomotor skills developed through physical activity
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| February | * Locomotor/Non-locomotor skills developed through physical activity
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| March | * Locomotor/Non-locomotor skills developed through physical activity
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| April | * American Heart Association Program
* FitnessGram Post-Test
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| May | * Field Day
* Locomotor/Non-locomotor skills developed through physical activity
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