Menlo Yearly Health/Physical Education Plan

| August | * Introduction to rituals and routines * School Bus Safety Slideshow * Car Rider Line Safety * Cyber Bullying Awareness * Locomotor/Non-locomotor skills developed through physical activity |
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| September | * 4-H Drugs and Alcohol Lesson * 5-8 Vape Lesson * FitnessGram Pre-Test |
| October | * K-1 Shannon Bond: Good touch, Bad Touch * Red Ribbon Week * Cross Country * Locomotor/Non-locomotor skills developed through physical activity |
| November | * Importance of Physical and Mental Health Lesson * Locomotor/Non-locomotor skills developed through physical activity |
| December | * Locomotor/Non-locomotor skills developed through physical activity |
| January | * Welcome Back to School Safety Refresher * Choosing The Best Curriculum 6-8 * Locomotor/Non-locomotor skills developed through physical activity |
| February | * Locomotor/Non-locomotor skills developed through physical activity |
| March | * Locomotor/Non-locomotor skills developed through physical activity |
| April | * American Heart Association Program * FitnessGram Post-Test |
| May | * Field Day * Locomotor/Non-locomotor skills developed through physical activity |